



November 2024



Dear Hyrum Senior Center Community,

As we enter this season of gratitude, I want to take a moment to reflect on how thankful we are for the community that gathers here at the Hyrum Senior Center. Myriam, our wonderful cook, and I both feel incredibly fortunate to work among such kind and inspiring individuals each day. This month is full of opportunities to come together and celebrate all that we're grateful for.



We're excited for our annual Thanksgiving Lunch, which will be held on November 20th. Due to limited space, please make sure to RSVP by November 15th to reserve your spot. November is also packed with enriching field trips and special activities: we'll be attending the play *Matilda* at Mountain Crest High School, visiting the Art Museum and enjoying a concert at USU, and dining out at Formosa Restaurant.

In addition, we're offering regular Tech Assistance sessions every Friday at 12:30 after lunch. Whether you have questions about using your smartphone, tablet, or computer, feel free to stop by and get one-on-one help to make your devices work for you. Also, be sure to check out other activities like our Silver Sneakers exercise class on November 13th and the needle felting craft on November 27th!

Please note we will be closed on Veterans Day, as well as Thursday and Friday of Thanksgiving week. Also be aware that as of recently, you can find this newsletter and calendar of events on our website at Hyrum City's senior center page by clicking on the newsletter tab.

Wishing everyone a wonderful November, filled with gratitude, connection, and joy.

Jesse Walker
Director, Hyrum Senior Center

695 E Main St, Hyrum 84319 | 435-245-3570 | Open Mon - Fri 9am-2pm

Hyrum Senior Center

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 Bridge 11:00 Bingo 12:00 Lunch (\$3) 12:30 Tech Assistance
4 10:30 Breakfast (\$3) 11:00 Bingo 1:00 Senior Center Board Meeting (including Advisory Board)	5 10:30 Bunco 1:00 Poker	6 11:00 Origami 12:00 Lunch (\$3) 12:30 Foot and Ankle Health, Dr. Joseph Wilkinson, podiatrist	7 6:30pm Field Trip: "Matilda" Play at Mountain Crest High School (\$11, must RSVP & pay by the 6th)	8 9:00 Bridge 11:00 White Elephant Bingo 12:00 Lunch (\$3) 12:30 Tech Assistance
11 CLOSED FOR VETERANS DAY	12 11:00 Line Dancing 1:00 Tech Class: Phone Apps and Notifications	13 11:00 Silver Sneakers Exercise Class 12:00 Lunch (\$3) 12:30 Game: Face Down	14 10:30 Field Trip: USU Art Museum and Aggie Ice Cream (\$2)	15 9:00 Bridge 11:00 Bingo 12:00 Lunch (\$3) 12:30 Tech Assistance
18 10:30 Breakfast (\$3) 11:00 Bingo	19 10:30 Bunco 7:00 Field Trip: USU Concert - Caine Ensembles (\$2)	20 12:00 Thanksgiving Lunch (\$5, must RSVP by the 15th) 12:30 Discussion: Gratitude	21 11:30 Field Trip: Out to Lunch - Formosa Restaurant (\$2 plus meal cost)	22 9:00 Bridge 11:00 Bingo 12:00 Lunch (\$3) 12:30 Tech Assistance
25 10:30 Breakfast (\$3) 11:00 Music Bingo	26 11:00 Line Dancing 1:00 Card Games	27 11:00 Craft: Needle Felting (\$5) 12:00 Lunch (\$3) 12:30 Jeopardy	28 HAPPY THANKSGIVING!	29 NATIVE AMERICAN HERITAGE DAY

Please RSVP for all meals and field trips by calling or texting 435-245-3570

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