



October 2024



Dear Hyrum Senior Center Community,

October brings cooler weather and some exciting new activities. Our field trips this month include a visit to the Pumpkin Walk (with lunch at Angies!), another pickleball outing, a scenic hike along the Logan River Trail, and a round of disc golf at the brand-new course up Blacksmith Fork Canyon.

We'll also be trying an evening field trip, leaving from the Hyrum Senior Center at 6:45pm on Tuesday, October 8th to go see a Four Seasons Theater Company production of Joseph and the Amazing Technicolor Dreamcoat at Skyview High School in Smithfield (7:30pm start time). That one will require an RSVP and \$15 prepayment for your ticket on or before October 4th, plus the suggested \$2 field trip donation for transportation costs.



On Wednesday, October 2nd, we'll be hosting staff from the Hyrum Medical Clinic and offering a flu and COVID shot clinic from 11:30am-1:00pm—a great opportunity to stay healthy this season. Bring your ID and insurance card to get either or both shots.

Additionally, we're expanding our meal schedule! Join us for breakfasts every Monday at 10:30, and lunches on Wednesdays and Fridays at noon. All meals are a suggested donation of \$3. As always, please call or text ahead of time to get on our list for meals.

We'll be celebrating Halloween at the center with pumpkin carving on Tuesday, October 22nd (Please RSVP in advance; the \$3 fee includes your pumpkin!), and will finish the month with a Halloween Party at the center on October 30th. Please come in costumes that day if possible!

As I am settling in and getting used to my new role at the Hyrum Senior Center, please share with me whatever comments, feedback, or suggestions you feel may be helpful for the enrichment of our community.

Warm regards,

Jesse Walker
Director, Hyrum Senior Center

695 E Main St, Hyrum 84319 | 435-245-3570 | Open Mon - Fri 9am-2pm

Hyrum Senior Center

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 11:00 Poker	2 11:30-1:00 Flu & COVID shot clinic (bring insurance card & ID) 12:00 Lunch (\$3)	3 10:00 Field Trip: Hike - Logan River Trail (\$2)	4 9:00 Bridge 11:00 Bingo 12:00 Lunch (\$3)
7 10:30 Breakfast (\$3) 11:00 Lotería (Mexican Bingo) 1:00 Senior Center Board Meeting	8 11:00 Line Dancing 6:45p Field Trip: Joseph and the Amazing Technicolor Dreamcoat (\$2+\$15 ticket)	9 11:00 Technology Class: Venmo & Online Banking 12:00 Lunch (\$3) 12:30 Jeopardy	10 10:00 Field Trip: Pumpkin Walk and lunch at Angie's (\$2 plus meal cost)	11 9:00 Bridge 11:00 White Elephant Bingo 12:00 Lunch (\$3)
14 CLOSED FOR INDIGENOUS PEOPLES' DAY	15 10:30 Bunco	16 11:00 Class: Emotional Intelligence 12:00 Lunch (\$3) 12:30 Social Game	17 10:30 Field Trip: Pickleball (\$2)	18 9:00 Bridge 11:00 Bingo 12:00 Lunch (\$3)
21 10:30 Breakfast (\$3) 11:00 Bingo	22 11:00 Card Games 12:30 Pumpkin Carving (\$3, includes pumpkin)	23 11:00 Face Down 12:00 Lunch (\$3) 12:30 Foot and Ankle Health, Dr. Joseph Wilkinson, podiatrist	24 10:00 Field Trip: Disc Golf (\$2)	25 9:00 Bridge 11:00 Bingo 12:00 Lunch (\$3)
28 10:30 Breakfast (\$3) 11:00 Music Bingo	29 10:30 Bunco	30 11:00 Halloween Party 12:00 Halloween Lunch (\$3) 12:30 Learn about Bats!	31 HAPPY HALLOWEEN!	

Please RSVP for all meals and field trips by calling or texting 435-245-3570

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